



## Helmet Policy

**POLICY STATEMENT:** To protect athletes, officials, volunteers, and judges.

**Approval Authority:** NWT Snowboard Association Board of Directors

**Responsible Staff:** Sports Director

**Implementation Date:** 2020-11-10

**Last Amendment Date:** N/A

**Policy Review Dates:** Every even numbered year by the Board of Directors

**Related Policies:**

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### Purpose

1. To ensure all athletes, coaches, officials, volunteers and judges wear certified, non-damaged helmets during sanctioned training and competitions on snow.

### Scope and Application

2. All athletes, coaches, officials, volunteers and judges (hereafter referred to as members).
3. The responsibility to correctly wear a certified, non-damaged helmet during training activities or competitions rest with the members.
4. The accountability of athletes wearing certified, non-damaged helmets during training activities or competitions rest with the coach.
5. The accountability of officials, volunteers and judges wearing certified, non-damaged helmets during training activities or competitions rest with the highest certified official.

### Policy Details

6. It is mandatory for all members to wear a properly fitting, certified, non-damaged helmet for snow sports.
7. To be covered for liability insurance and to ensure the highest level of safety all members must wear certified helmets inside training and competition areas (inside the field of play)
8. Exceptions:
  - a. Start and Finish Areas during competitions:
    - i. All members are exempt of wearing helmet in those areas, unless a NWT Snowboard affiliated club says something different



- b. Judges Towers (without scaffolding) during competitions:
    - i. All members in the judge's towers are exempt of wearing a helmet unless a NWT Snowboard affiliated club says something different
  - c. Judges Towers (with scaffolding) during competitions:
    - i. All members in the judge's towers are exempt of wearing helmet unless a NWT Snowboard affiliated club says something different
    - ii. All members will need to wear a properly fitting, certified helmet in order to enter or exit the judge's towers
  - d. Areas designated by the highest certified Official
    - i. All members in the judge's towers are exempt of wearing helmet unless a NWT Snowboard affiliated club says something different
9. There are a number of popular helmet brands and models that are either not certified, or not certified specifically for snow sports. Please refer to the manufacturer's website to verify and confirm if the helmet you're using or looking to purchase is Certified for Snow Sports. In competitions, the highest certified official will be checking for certification to make sure you're wearing a certified helmet.
10. The accepted certification standard codes for snow sports helmets are:
- a. Helmet model to be certified under EN 1077 (class B) or ASTM 2040 as minimum standards
    - i. Soft ear padding is allowed
    - ii. Crash helmets fulfilling higher safety standards can be used This includes:
      - 1. EN 1077 (class A), SNELL 98 and all helmets fulfilling the specific standards described above such as CEN 1385
11. If your helmet does not have certification, it's not covered. If you are unsure, please contact the manufacturer or refer to their website.
12. Crash Helmets:
- a. Ski and Snowboard helmets are designed for a single-impact. Any helmet that sustains a considerable impact should be replaced. Any crack or break in the surface of the helmet reduces its ability to absorb an impact and minimize injuries. The use of crash helmets is compulsory for all snowboard events. Helmets used in Snowboard events shall be specifically designed and manufactured for the respective disciplines and shall bear a CE mark and confirm to recognized and appropriate standards such as CEE 1077 or US 2040, ASTM



### **Review and Approval**

This policy will be reviewed every even numbered year by the Sports Director and the Board of Directors

This policy was approved by NWT Snowboard's Board of Directors on the 10 day of November, 2020 and is therefore due for review and approval before the 10 day of November, 2022.

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[1] Adapted from:

[https://www.canadasnowboard.ca/files/Canada\\_Snowboard\\_Helmet\\_Policy\\_EN.pdf](https://www.canadasnowboard.ca/files/Canada_Snowboard_Helmet_Policy_EN.pdf)